

Welcome to Sainte-Justine's



Your child has been admitted to the Intensive Care Unit because he/she requires specialized care as well as close and constant monitoring. Rest assured that our team is doing everything to provide your child with the best care possible, 24 hours a day.

The situation you are presently experiencing may be a source of stress and worry. That's why we assure you of our assistance and collaboration throughout your child's hospitalization on our Unit.

Your involvement is vital



You have an important role to play for your child and you are a key partner on our team. Your child has been entrusted to us to care for him/her along with you. We are counting on you to make his/her stay here easier.

You are strongly encouraged to touch, kiss and talk to your child. However, it is also important to let your child sleep.

All the monitoring equipment has alarms that ring regularly and it doesn't mean your child is doing any less well. Qualified and competent personnel are watching over your child.

Don't hesitate to take breaks occasionally while your child is in Intensive Care. You can reach the nurse in charge at any time if you feel the need.

In collaboration with the nurse, you may, at certain times, be involved in the care of your child. Just ask any questions you may have.

Specific to the Unit

The design of the space and the complexity of care require organization on the Unit that must take into account the needs of all the patients.

Due to the highly specialized care provided and the limited space, you cannot sleep at your child's bedside. However, a parents' lounge near the Unit is available so you can rest.

Familiar objects can be a source of comfort for your child. Don't hesitate to bring a favourite toy, stuffed animal, blanket, picture, doll or portable CD or cassette player with earphones and favourite music.

As storage space is limited, we ask that you keep with you all your child's personal effects, except for diapers, toothbrush, toothpaste, hairbrush and comb, soap, cream and socks.

Visiting hours

Parents can be with their child at all times. To allow parents to take a break, significant people identified by the parents can stay with their child, with the agreement of the Assistant Head Nurse.

To ensure calm and the comfort of our patients, we must limit the number of visitors present to a maximum of two.

Up to four previously designated visitors (one at a time) can visit with a parent each day between 2 and 3:30 p.m. and 7 and 8:30 p.m.

Medical rounds

To maintain confidentiality, you will be invited to leave the room at certain times during the day, during medical rounds, for example, that occur between 9 and 11:30 a.m. and may take 15 to 60 minutes.

Other situations, such as when a patient is admitted to the room, the health of a patient deteriorates, during certain treatments and shift changes at 7:30 a.m., 3:30 and 11:30 p.m., will bring us to ask you to leave. For your comfort, we invite you to go to the parents' lounge rather than wait in the hall of the Unit.

Every day, you will meet with a member of the team who will answer your questions and inform you on the evolution of your child's health.

When you must leave, we would like to be informed. A phone or pager number should be given to the nurse in charge of your child.

Protect your child against infections

As a measure to prevent infections, we remind you that it is important to always wash your hands before going into your child's room.

We also invite you to leave your coats in the entrance to the Unit or in a locker in the parents' lounge (a deposit of \$5 is required).

If you present any symptoms of respiratory infection, such as a cold or the flu, please wear a mask, available at the front desk on the Unit. The nurse in charge of your child will inform you if should wear a smock.

We also ask you to use the washrooms located outside the Unit. To enter or leave the Unit, please use the main door at all times.

Other important information

- ✓ Never give your child any liquid or food without the authorization of the nurse
- ✓ The length of time spent in Intensive Care is particular to each child. When your child's condition allows, he/she will be transferred to another Unit.

Reminder list



Place

Phone

Front desk, 3 rd floor, Bloc 2	(514) 345-4708
Head of Unit	(514) 345-4931 Ext. 5841